



PATIENT: **Sample Report**

TEST REF: **TST-XXXXX**

TEST NUMBER: XXXXXX

COLLECTED: mm/dd/yyyy

PATIENT NUMBER: XXXXXX

TESTED: mm/dd/yyyy

GENDER: XXXXXX

PRACTITIONER: **Nordic Laboratories**

AGE: XX

ADDRESS: Nygade 6, 3.sal  
1164 Copenhagen K

DATE OF BIRTH: mm/dd/yyyy

TEST NAME: **Nordic Food Panel 96 IgG**

## Comprehensive Food Panel IgG ELISA

TEST	SCORE	CLASS
<b>MEAT &amp; POULTRY</b>		
Beef	0.170	0
Chicken	0.148	0
Lamb	0.154	0
Pork	0.151	0
Turkey	0.144	0
<b>FISH &amp; SHELLFISH</b>		
Clam	0.182	0
Codfish	0.156	0
Crab	0.150	0
Haddock	0.146	0
Lobster	0.177	0
Salmon	0.148	0
Scallop	0.150	0
Shrimp	0.140	0
Sole	0.184	0
Swordfish	0.184	0
Tuna	0.157	0
<b>DAIRY &amp; EGG</b>		
Cheddar Cheese	0.338	2 **
Cottage Cheese	0.370	2 **
Egg, White	0.242	1 *
Egg, Yolk	0.226	1 *
Milk, Cow's	0.487	3 ***
Mozzarella Cheese	0.328	2 **
Yogurt	0.333	2 **
<b>BEVERAGES &amp; MISC</b>		
Black Tea	0.178	0
Cocoa	0.174	0
Coffee	0.183	0
Honey	0.207	1 *
Yeast, Baker's	0.187	0
Yeast, Brewer's	0.165	0

TEST	SCORE	CLASS
<b>VEGETABLES</b>		
Asparagus	0.186	0
Bell Pepper	0.152	0
Broccoli	0.148	0
Cabbage	0.151	0
Carrot	0.220	1 *
Cauliflower	0.178	0
Celery	0.182	0
Cucumber	0.218	1 *
Eggplant	0.216	1 *
Garlic	0.171	0
Green Bean	0.192	0
Kale	0.189	0
Kelp	0.191	0
Lettuce	0.191	0
Mushroom	0.253	1 *
Olive, Green	0.144	0
Onion	0.172	0
Potato	0.178	0
Potato, Sweet	0.169	0
Spinach	0.183	0
Squash	0.183	0
Tomato	0.149	0
<b>LEGUMES &amp; PULSES</b>		
Green Pea	0.194	0
Lima Bean	0.192	0
Peanut	0.251	1 *
Soybean	0.188	0
<b>NUTS, SEEDS &amp; OILS</b>		
Almond	0.169	0
Cashew	0.231	1 *
Chia Seed	0.218	1 *
Cola	0.158	0
Safflower	0.166	0
Sesame	0.239	1 *
Sunflower Seed	0.159	0
Walnut	0.183	0

TEST	SCORE	CLASS
<b>FRUITS</b>		
Apple	0.194	0
Avocado	0.189	0
Banana	0.172	0
Blueberry	0.176	0
Cantaloupe	0.176	0
Coconut	0.180	0
Grape	0.188	0
Grapefruit	0.167	0
Lemon	0.198	0
Orange	0.142	0
Peach	0.151	0
Pear	0.142	0
Pineapple	0.186	0
Strawberry	0.153	0
Watermelon	0.188	0
<b>GRAINS &amp; STARCHES</b>		
Barley	0.181	0
Bran	0.261	1 *
Corn	0.188	0
Gluten	0.254	1 *
Malt	0.431	3 ***
Oats	0.144	0
Rice	0.160	0
Rye	0.216	1 *
Wheat	0.232	1 *
<b>HERBS, SPICES, FLAVORINGS</b>		
Basil	0.194	0
Bay Leaf	0.198	0
Black Pepper	0.172	0
Cinnamon	0.195	0
Dill	0.195	0
Ginger	0.187	0
Mustard	0.164	0
Oregano	0.215	1 *
Tarragon	0.205	1 *

Reference Range **G38 - 9164**

0 = No Reactivity 1 = Low 2 = Moderate 3 = High

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